



ELK GROVE COMMUNITY SERVICES DISTRICT

Fire ■ Emergency Medical Services ■ Parks & Recreation

PARKS AND RECREATION DEPARTMENT

8820 Elk Grove Blvd., Suite 3, Elk Grove, CA 95624

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For Immediate Release

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To: Elk Grove News/Sports Editors

From: Elk Grove Community Services District (CSD)

Public Service Announcement

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Recreation Coordinator

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SUBJECT: SIGN UP FOR MARCH YOUTH SPORTS CLASSES

Elk Grove, CA – The Elk Grove Community Services District (CSD) Department of Parks and Recreation will offer a variety of youth sports programs throughout the month of March. Registration is now being accepted for the classes below. Contact the CSD Department of Parks and Recreation at (916) 405-5300 to sign up or receive more information.

JR. LADY HERD SPRING JAM BASKETBALL CAMP

Grades 3-8

A basketball camp just for girls! Designed for elementary and middle school age girls who want to learn the game or renew their skills. The camp is run by Brian Benson, EGHS Lady Herd Basketball Coach, with assistance from the EGHS Lady Herd Basketball coaching staff and players. Fee includes a basketball and team jersey.

Saturdays 3/20/04-4/24/04 9:00 a.m. - 12:00 p.m. (no camp 4/10/04)

Held at: Elk Grove High School Gyms

Cost: \$70 per player

PEE WEE SOCCER

Ages 3-6

Introduce your child to the world of sports through our non-competitive soccer skills clinics.

Instruction will encourage age appropriate activities while teaching socialization, teamwork, and gross motor skills. This class will provide a fun and positive interaction in a nurturing environment. Parents will be encouraged to participate with their child.

For 3-4 Year Olds:

Mondays & Wednesdays, 3/29/04-4/21/04, 4:30-5:00 p.m. or 5:00-5:30 p.m.

Tuesdays & Thursdays, 3/30/04-4/22/04, 4:30-5:00 p.m. or 5:00-5:50 p.m.

Held at: Miwok Park (Village Tree Drive) or Betchart Park (Adobe Springs Way)

Cost: \$48 per player

For 5-6 Year Olds:

Mondays & Wednesdays 3/29/04-4/21/04, 5:30-6:15 p.m.

Tuesdays & Thursdays, 3/30/04-4/22/04, 5:30-6:15 p.m.

Held at 2 Locations: Miwok Park (Village Tree Drive) or Betchart Park (Adobe Springs Way)

Cost: \$56 per player

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PEE-WEE PRE-SPORT

Ages 3-5 (limit 25 children)

Putting back the FUN into fundamentals! This class offers a chance for mommy or daddy to go to class with you little ones. You will learn how to prepare your child for future team sport activities. Children will be introduced to the basic and simple fundamentals of balance and sport specific movements. One adult must be present for each child attending the program. Please wear appropriate clothing and bring a water bottle.

Tuesdays 3/02/04-3/23/04, 12:15-1:00 p.m.

Held at: Lichtenberger North Park (Laguna Park Drive)

Cost: \$38 per player

SOCCER SKILLS AND DRILLS

Ages 7-12 (25 participant maximum)

Get in shape for the soccer season! Participants will develop skills and techniques in shooting, dribbling and passing. Class will stress team strategies. Please bring a water bottle. Shin guards are required.

Tuesdays & Thursdays, 3/30/04-4/22/04, 6:30-7:30 p.m.

Held at: Miwok Park (Village Tree Drive)

Cost: \$64 per player

AFTER SCHOOL ALL SKILLS BASKETBALL CAMP

Grades 3-6

In partnership with High Performance Sports, this camp is designed for boys and girls in grades 3-6. Grouped by ability, basic ball handling, passing, shooting skills and footwork will be developed through group and individual instruction. Fundamentals will be taught through daily drills, games, relays, skill tests and scrimmages. Players will have the opportunity to scrimmage every day!

Tuesdays & Thursdays, 3/02/04-3/25/04, 2:40-3:40 p.m.

Held at Foulks Ranch Elementary School Gymnasium (Laguna Park Drive)

Cost: \$48 per player

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